

Valsir Mountain Running World Cup 2022

RESULTS after 14 races - LONG

				Country:	IRL	POR	ITA	SUI	PER	ITA	ESP	ESP		
				label:	silver	silver	gold	gold	silver	gold	gold	gold		
				discipline:	long	long	long	long	long	long	long	long		
	Name	gen.	YOB	nat.	1	3	7	9	10	12	13	16	Total	long
1	Joyce MUTHONI NJERU	F	1997	KEN						40	50		90	
3	Lucy MURIGI WAMBUI	F	1985	KEN			40	16		20			76	
2	Camilla MAGLIANO	F	1985	ITA				2		18	40		60	
4	Andrea MAYR	F	1979	AUT						50			50	
8	Elisa DESCO	F	1982	ITA			50						50	
9	Esther CHESANG	F	1994	KEN				50					50	
14	Maude MATHYS	F	1987	SUI				40					40	
7	Laia MONTOYA GARCÍA	F	2001	ESP							30		30	
11	Lauren GREGORY	F	1999	USA						30			30	
19	Hilary GERARDI	F	1986	USA			30						30	
20	Philiaries KISANG	F	1996	KEN				30					30	
5	Monica Madalina FLOREA	F	1993	ROU						25			25	
28	Chiara GIOVANDO	F	1979	ITA			25						25	
29	Teresiah OMOSA KWAMBOKA	F	1995	KEN				25					25	
30	Julia FONT GOMEZ	F	1994	ESP							25		25	
32	Olivia AMBER	F	1995	USA	20								20	
34	Sandra FERREIRA	F		POR		20							20	
36	Giulia COMPAGNONI	F	1996	ITA			20						20	
37	Sarah MCCORMACK	F	1986	GBR				20					20	
38	Katia Maraus SULLCA AMATA	F		PER					20				20	
40	Leire FERNÁNDEZ ABETE	F	1998	ESP							20		20	
44	Ingrid MUTTER	F	1992	ROU			18						18	
45	Bailey KOWALCZYK	F	1995	USA				18					18	
46	Ainara ALCUAZ RODRÍGUEZ	F	1998	ESP							18		18	
47	Kathryn O'REGAN	F	1985	USA	17								17	
48	Andreia CORREIA	F		POR		17							17	
49	Trinidad ORTIZ AGUIRRE	F		PER					17				17	
43	Alice GAGGI	F	1987	ITA						16			16	
54	Martina CHIALVO	F	1998	ITA			16						16	
55	Maria F. MILANESI BLANCO	F	1990	ARG							16		16	
17	Hana ŠVESTAKOVA Stružková	F	1983	CZE						14			14	
57	Sarah BRADY	F	1989	IRL	14								14	
58	Patrícia RIBEIRO	F		POR		14							14	
62	Camila SPAGNOL	F	1989	ITA			14						14	
63	Nuria GIL CLAPERA	F	1991	ESP				14					14	
64	Sofia CHIRINOS QUISPE	F		PER					14				14	
65	Sarah UGARTE MIRANDA	F	1986	ESP							14		14	
53	Arianna DENTIS	F	2000	ITA						12			12	
68	Rebecca HORMANN	F	1996	GBR	12								12	
69	Marlene FERREIRA	F		POR		12							12	
73	Martina BILORA	F	1998	ITA			12						12	
74	Sara ALONSO	F	1999	ESP				12					12	

75	Elizabet SERRANO SORIA	F		PER					12				12
76	Isabel VARELA TORRE	F	1995	ESP							12		12
10	Charlotte COTTON	F	1981	BEL							10		10
78	Maeve MAHER-MCW.	F	1986	IRL	10								10
80	Carol PEREIRA	F		POR		10							10
83	Alessandra OLIVI	F	1991	ITA			10						10
84	Tabor SCHOLL	F	1997	USA				10					10
85	Ruth Carola BELLIDO AYME	F		PER					10				10
86	Beatrice BIANCHI	F	1998	ITA						10			10
6	Adéla STRÁNSKÁ	F	1991	CZE						8			8
92	Susan OSTANO	F	1989	ITA			8						8
93	Sally JEPKOSGEI	F	1994	KEN				8					8
94	Aina SISCART SERRA	F	1997	ESP							8		8
95	Lean NI CHIOBHAIN	F	1984	IRL	7								7
96	Sandra ARRIBANÇA	F		POR		7							7
97	Annabelle BOUCHARD	F		CAN					7				7
101	Chiara BERERA	F		ITA			6						6
102	Patricia PINEDA CORNEJO	F	1992	ESP				6					6
103	Lucie MARSANOVA	F	1990	CZE						6			6
104	Carolina DIEZ QUIJANO	F	1985	ESP							6		6
105	Karen WILTON	F	1972	GBR	5								5
106	Ana PASCOAL	F		POR		5							5
107	Katty GUZMAN	F		COL					5				5
18	Maddalena SOMA'	F	2001	ITA						4			4
109	Ruth CANDON	F	1987	IRL	4								4
111	Clara CHAVES	F		POR		4							4
114	Guendalina SIBONA	F		ITA			4						4
115	Mathilde SAGNES	F	1995	FRA				4					4
116	Thalia Marina LLALLA VIDAL	F		PER					4				4
117	Libe LAFUENTE	F	1986	ESP							4		4
119	Fiona HOGG	F	1981	IRL	3								3
120	Ana RANGEL	F		POR		3							3
121	Maribel ELIAS	F		PER					3				3
123	Eimear O'BRIEN	F	1983	IRL	2								2
125	Alice FRANÇA	F		POR		2							2
128	Francesca CRIPPA	F		ITA			2						2
129	Ana Claudia CHACÓN CÁCERES	F		PER					2				2
131	Angela SERENA	F	1977	ITA						2			2
132	Sara CASES DILOY	F	1989	ESP							2		2
138	Sabrina AMATO	F		ITA			1						1
139	Julie ROUX	F	1993	FRA				1					1
141	Chiara BARESI	F	1990	ITA						1			1
142	Muskilda MARTINEZ DE LIZARRON	F	1982	ESP							1		1
4	Petro MAMU SHAKU	M	1985	ERI			50	25		30			105
2	Philemon KIRIAGO OMBOGO	M	2002	KEN				18		40	40		98
1	Patrik KIPNGENO	M	1993	KEN				30		50			80
5	Robert LOIC	M	1999	FRA							50		50
12	Mark KANGOGO	M	1989	KEN				50					50
11	Andreu BLANES REIG	M	1991	ESP				40		10			50
9	Raúl CRIADO SÁNCHEZ	M	1995	ESP			6			4	30		40

16	Cristian MINOGGIO	M	1984	ITA			40						40
23	Mattia GIANOLA	M	1992	ITA			30						30
10	Timotej BEČAN	M	1996	SLO						25			25
26	Lorenzo BELTRAMI	M	1995	ITA			25						25
27	Antonio MARTÍNEZ PÉREZ	M	1991	ESP							25		25
14	Ondřej FEJFAR	M	1989	CZE						6	16		22
8	Henri AYMONOD	M	1996	ITA						20			20
17	Noel BURGOS GÓMEZ	M	1996	ESP							20		20
28	Ruairi LONG	M	1999	IRL	20								20
29	Germano FIGUEIRA	M		POR		20							20
32	Andrea ROTA	M	2000	ITA			20						20
34	Kilian JORNET	M	1987	ESP				20					20
35	José Manuel QUISPE MALLMA	M		PER					20				20
21	Baptiste BRINGUIER	M	1999	FRA							18		18
40	Jean Baptiste SIMUKEKA	M	1983	RWA			18						18
41	Daniel CURTS	M	1996	USA						18			18
42	Paddy O'LEARY	M	1987	IRL	17								17
43	Ricardo RODRIGUES	M		POR		17							17
46	Joshep MAMANI PALOMINO	M		PER					17				17
13	Théodore KLEIN	M	1994	FRA						16			16
50	Sergio BONALDI	M	1978	ITA			16						16
51	Robert PKEMOI	M	1994	KEN				16					16
7	Daniel OSANZ LABORDA	M	1998	ESP				14					14
53	Shaun STEWART	M	1984	IRL	14								14
55	Alexandre BLASQUES	M		POR		14							14
58	Daniel ANTONIOLI	M	1982	ITA			14						14
60	Néstor QUISPE ORTIZ	M		PER					14				14
61	Luca MERLI	M	2000	ITA						14			14
62	Guillermo ALBERT LIZANDRA	M	1996	ESP							14		14
20	Alex GARCIA CARRILLO	M	1992	ESP							12		12
63	Conall WHELAN	M	1998	IRL	12								12
65	João RODRIGUES	M		POR		12							12
67	Luca DEL PERO	M	1997	ITA			12						12
69	Rémi BONNET	M	1995	SUI				12					12
70	Octavio CHIRI CHAMANA	M		PER					12				12
72	Marco FILOSI	M	1995	ITA						12			12
18	Lengen LOLKURARU	M	1990	KEN			10						10
73	Matthew MCCONNELL	M	1998	IRL	10								10
75	Antonio AMORIM	M		POR		10							10
78	Robbie SIMPSON	M	1991	GBR				10					10
79	Juan Carlos ROJAS CISNEROS	M		PER					10				10
81	Ion SOLA TORRALBA	M	1984	ESP							10		10
38	Eric Muthomi RIUNGU	M	1990	KEN						8			8
86	Luca ARRIGONI	M	1981	ITA			8						8
87	Dominik ROLLI	M	1996	SUI				8					8
89	Paul IRATZOQUY	M	1995	FRA							8		8
91	Aidan MCMORELAND	M	1980	IRL	7								7
92	Igor LYSYI	M		POR		7							7
94	Diomedes DURAND ILLANES	M		PER					7				7
99	Anthony FELBER	M	1996	FRA				6					6
102	Aitor BLANCO	M	1996	ESP							6		6
104	Conor GREENAN	M	1989	IRL	5								5
105	Fred KALAHARI	M		POR		5							5

107	Mariano BACALLA CALONGOS	M		PER							5						5
19	Sylvian CACHARD	M	1998	FRA						4							4
108	Mamraz NAGI	M	1978	IRL	4												4
110	Frank FRITSCHÉ	M		POR		4											4
111	Mattia BERTONCINI	M	1998	ITA					4								4
113	Luis FLOREZ GOMEZ	M		PER							4						4
114	Julen CALVÓ VIGARA	M	1995	ESP									4				4
116	Fabio BALTIERI	M	1984	IRL	3												3
117	Alfredo PENICHE	M		POR		3											3
120	Santos CCASANI DAVALOS	M		PER							3						3
100	Miran CVET	M	1968	SLO								2					2
96	Francesco PUPPI	M	1992	ITA						2							2
121	Peter PURCELL	M	1991	IRL	2												2
123	Nuno PAIVA	M		POR		2											2
127	Danilo BRAMBILLA	M	1991	ITA					2								2
129	Luis Felipe DELGADO MEJÍA	M		COL							2						2
130	Aimar AZPIROZ	M	2002	ESP									2				2
44	Daniel PATTIS	M	1998	ITA						1							1
134	Ionut ZINCA ALIN	M	1983	ROU					1								1
136	Alric PETIT	M	2001	FRA									1				1
137	Santiago NAVARRO SANTAMARÍA	M	1983	ESP											1		1

Extract from the World Cup 2022 Regulations (items 5.4, 5.5 and 5.7)

- ➔ The overall **WORLD CUP** results will be calculated from athletes' **best 6 race results**.
- ➔ The category **WORLD CUP** results will be calculated from athletes' **best 3 race results in that single category**
- ➔ **Scoring:**

World Cup races / Place:	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.	13.	14.	15.
Gold label points:	50	40	30	25	20	18	16	14	12	10	8	6	4	2	1
Silver label points	20	17	14	12	10	7	5	4	3	2	-	-	-	-	-

	date	race name	venue	country	disc.	label
1	21. May	Seven Sisters Skyline	Dunlewey, Donegal	IRL	Long	Silver
2	19. June	2. Montemuro Vertical Run	Castro Daire	POR	Classic	Gold
3	3. July	One Hundred Douro-Paiva	Cinfaes	POR	Long	Silver
4	10. July	22. Grossglockner Berglauf TBC	Heiligenblut	AUT	Classic	Gold
5	16. July	La Montée du Nid d'Aigle	St Gervais	FRA	Classic	Gold
6	30. July	Giir di Mont Uphill	Premana	ITA	Classic	Silver
7	31. July	Giir di Mont	Premana	ITA	Short Up	Gold
8	07. Aug.	Krkonosky half marathon	Jasnke Lazne	CZE	Long	Gold
9	13. Aug.	Sierre-Zinal	Zinal	SUI	Long	Gold
10	25. Aug.	Andes Race	Cusco	PER	Long	Silver
11	3. Sept.	7. Vertical Nasego	Nasego	ITA	Short Up	Gold
12	4. Sept.	21. Trofeo Nasego	Nasego	ITA	Classic	Gold
13	9. Sept.	Canfranc - Canfranc	Canfranc-Estacion	ESP	Short Up	Gold
14	11. Sept.	Canfranc - Canfranc	Canfranc-Estacion	ESP	Classic	Gold
15	1. Oct.	43. Smarna Gora Race	Ljubljana	SLO	Classic	Silver
16	2. Oct.	12. Zumaia flysch trail mendi maratoina	Zumaia-Gipuzkoa	ESP	Long	Gold
17	8. Oct.	23. Kilometro Verticale Chiavenna-Lagunc	Chiavenna	ITA	Short Up	Gold

