

European Athletics Off-Road Running Championships 2026

Event programme and competition timetable

as on 26 May 2026



Thursday, 4 June

All day	Course inspections	
16:00	Virtual Technical Briefing (mountain races)	online
18:00	Opening Ceremony	Kamnik

Friday, 5 June

All day	Course inspections	
08:00	Uphill mountain race – Open race (app. 8,9km)	Stahovica
09:45	Medal Ceremony – Open uphill mountain race	Velika Planina ¹
10:00	Uphill mountain race – Elite U20 men (app. 3,8km)	Kisovec
10:30	Uphill mountain race – Elite U20 women (app. 3,8km)	Kisovec
10:30	Uphill mountain race – Elite Senior men (app. 8,9km)	Stahovica
11:00	Uphill mountain race – Elite Senior women (app. 8,9km)	Stahovica
12:30	Medal Ceremonies – Elite uphill mountain races	Velika Planina ^{1,2}
17:00	Virtual Technical Briefing (trail races)	online

Saturday, 6 June

08:00	Trail race – Open race (app. 25km)	Kamnik
09:00	Trail race – Elite Senior men & women (app. 52km)	Kamnik
09:30	Trail race – Open race (app. 52km)	Kamnik
12:00	Medal Ceremonies – Open trail race 25km	Kamnik ¹
16:00	Medal Ceremonies – Elite trail races	Kamnik ^{1,2}
17:00	Medal Ceremonies – Open trail race 52km	Kamnik ¹

Sunday, 7 June

09:00	Up & down mountain race – Elite U20 men (app. 5,7km)	Kamnik
09:40	Up & down mountain race – Elite U20 women (app. 5,7km)	Kamnik
10:30	Up & down mountain race – Elite Senior men (app. 13,1km)	Kamnik
12:15	Up & down mountain race – Elite Senior women (app. 13,1km)	Kamnik
14:00	Victory Ceremonies – Elite Up & down mountain races	Kamnik ^{1,2}
15:00	Closing Ceremony	Kamnik

¹ In case of bad weather conditions, the time and venue of the Medal Ceremonies may change.

² Flower Ceremony for each race will take place near the respective finish area, app. 5 minutes after the arrival of the 3rd athlete.